

## Everyday Carry (EDC) Essentials Checklist

Your EDC kit is what you carry every day to handle unexpected situations. It should be compact, useful, and tailored to your lifestyle. These essentials form your first line of readiness whether you're in the city, on the job, or on the move.

### Pocket Items

- Folding knife or multi-tool
- Compact flashlight (USB rechargeable or AAA)
- Wallet with ID, emergency cash, and medical info
- Lighter or fire-starting tool
- Keychain with small tools (USB, light, pry bar)

### Bag or Organizer Additions

- Small first aid pouch (bandages, meds, antiseptic)
- Power bank and charging cable
- Notebook and pen
- Compact poncho or folding umbrella
- Mini hygiene kit (hand sanitizer, wipes, tissues)

### Comms & Safety

- Phone with emergency apps installed
- List of emergency contacts (paper backup)
- Whistle or personal alarm
- Legal self-defense item (check local laws)

### Tips & Hints:

*EDC items should be useful, not a burden. Keep it light and rotate gear as your needs change.*

*Test batteries monthly and restock first aid or hygiene supplies regularly.*