

GoBag Essentials Checklist

This is the foundation of your mobile survival system. The gear listed here is the core of any good GoBag, designed to help you survive, move, and adapt when things go sideways. Use this checklist to build or review your kit.

Core Gear

- Durable backpack (weather-resistant, internal frame optional)
- Multi-tool or fixed-blade knife
- Flashlight with extra batteries
- Lighter and waterproof matches
- Notepad and waterproof pen

Water & Hydration

- Water bottle or canteen (metal preferred)
- Water purification tablets or filter straw
- Collapsible water bag/bladder

Food & Energy

- High-calorie energy bars or MREs
- Compact stove or fire-starting gear
- Mess kit or utensils

Shelter & Protection

- Emergency blanket or bivvy sack
- Compact tarp and cordage
- Work gloves and poncho

Navigation & Comms

- Compass and local maps
- Whistle and signaling mirror
- Handheld radio (NOAA or HAM)

Documentation & ID

- Copy of ID and emergency contact list
- Cash (small bills) and critical documents (in waterproof pouch)

Tips & Hints:

Customize this list based on your region and personal needs.

Review your GoBag every 3–6 months to rotate perishables and check gear readiness.

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