

Home Defense & Security Checklist

Protecting your home during emergencies or unrest is a critical part of preparedness. This checklist includes layered defense tools and home security supplies to help you stay put, stay safe, and defend your ground when evacuation isn't an option.

Perimeter & Entry Security

- Heavy-duty deadbolts and strike plates
- Door security bars or braces
- Window locks or security film
- Outdoor motion sensor lights
- Security cameras or doorbell cams
- No-trespassing and warning signage

Interior Defense

- Flashlights with strobe function
- Tactical flashlight (self-defense capable)
- Personal defense item (as legal: pepper spray, stun device, firearm)
- Panic button or alert system (with battery backup)
- Interior motion detectors or entry alarms

Power & Communication

- Battery-powered or solar emergency radio
- Two-way radios or handheld comms
- Power bank or generator (for comms and lighting)
- Printed emergency contact sheet

Medical & Emergency Supplies

- Fully stocked trauma-level first aid kit
- Prescription medications (minimum 3-day supply)
- Fire extinguisher (ABC rated)

- Emergency blankets and basic bedding

Food & Water Storage

- 7–14 day supply of shelf-stable food
- Water storage (bottled or containers)
- Water filter or purification tablets
- Manual can opener and cooking tools

Neighborhood Defense & Planning

- Establish mutual aid with trusted neighbors
- Printed neighborhood map and evacuation routes
- Shared signal or alert method (whistle, code phrase)
- Basic patrol or check-in schedule (if needed)

Tips & Hints:

Conduct a walk-through of your home to identify weak points and reinforce them.

Train all household members on basic safety protocols and communication plans.

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