

## **Rural Bug-Out Checklist**

Rural bug-out scenarios often involve longer travel, isolation, and more self-reliance. This checklist includes gear suited for escaping populated areas, navigating rural terrain, and surviving without immediate access to help or supplies.

### **Mobility & Navigation**

- Sturdy backpack (internal frame recommended)
- Topographic maps and reliable compass
- Alternate routes pre-marked (GPS optional)
- Spare vehicle fuel and siphon pump

### **Shelter & Environment**

- Tent, tarp, or bivvy sack
- Cold-rated sleeping bag and ground pad
- Fire-starting kit (ferro rod, tinder, lighters)
- Work gloves and insect repellent

### **Water & Food**

- Water filter pump and purification tablets
- 3-day food supply (MREs, trail mix, rice)
- Mess kit and collapsible cooking pot
- Portable stove and fuel (propane or alcohol)

### **Security & Defense**

- Pepper spray, knife, or other legal tools
- Binoculars and perimeter alert system (tripwire, bells)
- Paracord and zip ties for utility and restraint

### **Comms & Emergency Info**

- Handheld HAM or CB radio
- Emergency beacon or signal panel

- Notebook with rural contacts and routes
- Paper backup of licenses and ID

**Tips & Hints:**

*Travel light but pack for exposure. Rural bug-outs may involve overnight hikes or vehicle failure.*

*Scout routes in advance and build your bug-out plan around terrain, water, and fallback locations.*

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